

School Representative Swimming Standards

(Please use as a guide when nominating students)

Event	10 yrs	11 yrs	12 yrs
100m Freestyle	1:45.00	1:40.00	1:35.00
100m Breaststroke	2:05.00	2:00.00	1:55.00
100m Backstroke	1:55.00	1:52.00	1:50.00
100m Butterfly	1:55.00	1:50.00	1:45.00
50m Freestyle	0.46	0.44	0.42
50m Breaststroke	0.57	0.54	0.52
50m Backstroke	0.50	0.48	0.46
50m Butterfly	0.51	0.49	0.47

Guide only